



NEWS ON THE HORIZON

FROM THE DESK OF OUR EXECUTIVE DIRECTOR, MRS. CANTRELL



December 21, 2023

Dear HAW Families,

Happy December holidays to you all! I hope your winter break is relaxing and your family is able to find some time to unplug from all the craziness of daily life. Breaks are good for the soul for everyone.

As you know, NM PED is requiring all schools to make up any days that are canceled for weather or other emergencies. We do not have to make up any days that are delayed. Since we did not account for any make-up days in our calendar, we have decided, like many other schools, to create an asynchronous or remote day of school so we do not have to cancel a day of learning. What does that mean? Each grade level has a planned lesson for math and for reading in case of weather. If we announce an asynchronous day, please watch for communication from your child's teacher for lessons and office hours. Many of those lessons can be accessed on a Chromebook. If your child needs a Chromebook for use at home, please let your child's teacher know on January 8 and we can send one home. Please remember, we are not affiliated with APS and do not follow their cancelations or delays. We will use our text, email, and phone call system to alert you should we have a delay or if students should work from home.

Stay safe and we will see you back on January 8. We will continue to Level Up our Attendance in the new year. Thank you for choosing HAW and for your continued support.

Sincerely,

Mrs. Cantrell

REMINDERS

- WINTER BREAK- December 25-January 4th. Students return to school on January 8th.
- January menu will be on our website before January 8th
- Email Mrs. Andrea for uniforms, jackets, socks, or other resources, agallegos@hawest.net
- School starts at 7:45. Students who arrive after 7:50 need to be checked in at the front office.
- Email Jennifer Lacey, jlacey@hawest.net regarding our before and after school program, CREW.
- Email Ada, adagallegos@hawest.net to report absences or call and leave a message on our attendance line.
- Please keep in mind when picking up students early, they cannot be signed out after 3:00.
- January 15th- NO SCHOOL

TRAFFIC REMINDER

Thank you for your continued patience and kindness during morning drop off and afternoon pick up. If you exit from Todos Santos, please remember to make two lanes. One lane to turn right on Bob McCannon and one lane to turn left. This does help ease the traffic congestion when leaving the school.

BEARS PLEDGE

- **Be brave in everything you do**
- **Eager to learn**
- **Achieve your best**
- **Respect yourself, others, and your environment**
- **Show kindness to all**

ATTENDANCE CAMPAIGN

Way to go families!! Thank you for prioritizing student attendance. Below are the results from this week. Please stay tuned once we return from winter break for an update to our attendance campaign.

MONDAY



TUESDAY



WEDNESDAY



THURSDAY





At Horizon Academy West we focus on positive behavior strategies and teachable moments to help students develop and practice appropriate social and emotional skills. Our discipline matrix is located on our website for major infractions. Teachers implement various classroom systems to promote positive behavior and to address negative behavior. We know mistakes happen and that elementary age children are learning and navigating social emotional skills and experiences. We balance that with the importance of holding children accountable for their choices and actions.

Consequences and supports are provided to help students understand the result of bad choices/inappropriate behavior and to help them learn how to handle situations in a different manner. Since our goal is to have a safe and positive learning environment for all students, parents play an important role. We value two-way communication with parents when discussing positive and negative behaviors. Expect phone calls, emails, and/or meeting requests from HAW staff members asking to talk with you about your child's behavior if concerning behaviors are observed or if incidents occur that need to be addressed. If you have any questions about our positive behavior strategies at the classroom level, contact your child's teacher. School-wide behavior and discipline questions can be addressed with Ms. Andrea, 505-998-0459 ext.107 agallegos@hawest.com. Thank you for your support and partnership.

2023-2024 YEARBOOK SALES



If you would like to purchase a Horizon Academy West 2023-2024 yearbook, visit www.YBPay.com and enter code: 14590624

Yearbooks will be made in the Spring and will be delivered towards the end of the school year.

INFORMATION FROM OUR HEALTH OFFICE



Merry Christmas

It's hard to believe it's almost Christmas break which also means colder weather! Unfortunately, with colder weather comes coughs, colds, runny noses, and fevers. Please keep children at home if they are sick and not feeling well, your child may be carrying something very contagious.

~Remember the 24 Hour Rule of Thumb~

Students may return to school after the following: -24 hours without a temperature/fever (>100.4 degrees Fahrenheit) and without taking fever reducing medications such as Tylenol or Advil/Motrin. -24 hours without nausea, vomiting, diarrhea (and tolerating a normal diet).
-24 hours of receiving medication for treatment of illness/infection (such as antibiotics, eye ointments).

WHAT DOES RESEARCH SAY?

Did you know that SLEEPING is one of the most important things that we do? Besides allowing your brain rest, sleeping reduces stress, increases memory, reduces the chance of getting heart disease, diabetes, controls body weight and mood disorders.

RECOMMENDED SLEEP SCHEDULE

Elementary student: 10-12 hrs a night
Middle/High School: 8-10 hrs a night
-The American Academy of Sleep Medicine

988 SUPPORT RIGHT NOW

Free, Private and Confidential Support 24/7 by Phone, Text or Chat. If you are overwhelmed by life or emotions and you don't know where to turn, 988 is here to listen and get you private one-on-one support from a caring, understanding and non-judgmental person to help you through the moment. No matter the circumstances, don't wait to get help. Call or text 988, or chat online at www.988lifeline.org/chat.

**ROADRUNNER
FOOD BANK**
OF NEW MEXICO



CALL FOR HELP: Roadrunner Food Bank provides information to food distribution in your area. ALL you need is your area code!
Call Center available M-F 8-5pm

505-349-5340

HAPPY HOLIDAYS

Wishing you and your family a very blessed holiday season and a very bright new year from - Charter School Nursing Services

KINDERGARTEN COMMUNITY
SERVICE PROJECT

Horizon Academy West Kindergarten

is collecting

Pop Tabs

November 2023 through March 20, 2024



Collect your beverage tabs and help support the house that love built -- a temporary "home-away-from-home" for families of seriously ill or injured children being treated at nearby hospitals.

Find tabs on soda cans, vegetable cans, soups cans etc...

HAW BEARS IN THE COMMUNITY

We love sharing the great things our students are doing in the community. It is especially nice when we can relate it to our BEARS PLEDGE. We will continue the recognition this year. If you would like to share information about your child in our newsletter, email information and photo to agallegos@hawest.net.



Brynn Spaltenstein from Mrs Keelings 3rd grade class competed with her cheer team at the American Grand Nationals in Las Vegas, NV. The “Spice Girls” team from NM Elite took 3rd place!

SHOUT OUT TO HAW PTO OFFICERS

We are so grateful for our PTO Officers. This week they surprised staff with a treat for the holidays! Thank you PTO for all that you do for our staff, students, and families.



NEWS FROM MS. WHATLEY IN THE ART ROOM

Hello everyone I hope you all had a fabulous week! We have been very busy in the art room, trying to finish up our holiday projects Fifth grade has been working on their Christmas car And here's a couple pictures one from Miss Larranaga's class and one From Ms. McMaster's class. I think they all turned out great!!



for the artist of the week I chose to fourth grade students that finished up their Vincent van Gogh, sunflower project. I picked Jenize Aguilera from Mrs. Blackshear fourth grade class, And Maliyah Armijo From Mrs. Sanchez fourth grade class!



I hope everyone has a fantastic winter break!
Ms. Whatley

ATTENTION 4TH GRADE PARENTS

This year, Horizon's 4th graders have been chosen to participate in the NAEP (National Assessment of Educational Progress), often called the "Nation's Report Card". This is an awesome opportunity for HAW to represent New Mexico! This assessment is part of the federally required ESSA (Every Student Succeeds Act). Fifty of our 4th grade students have been randomly selected by NAEP to participate. If your child was selected, you will receive a notification letter after the winter break. This will not affect your child's grade. Because Horizon 4th graders will participate in this assessment in February, 4th grade will not take the Middle of Year assessments (iMSSA Reading & Math) normally taken in January. More information will be coming after the break, but if you have questions, please direct them to our Testing Coordinator, Kathy Young (kyoung@hawest.net).

COMMUNITY PARTNERSHIPS

APD Tactical Team donated toys to HAW for students who could benefit from an extra gift this holiday season. The children were beyond excited!!

Thank you APD!



PTO INFORMATION

All PTO events and information is posted to our social media and Remind accounts. You can also find the links to order Spirit Shirts and Hoodies. The links will continue to stay open throughout the school year. We will fill orders as they come in.

Our order cut off is 10am every Friday. Any orders placed thereafter will be included in the following weeks order. Currently our delivery time is about 2 weeks from the time we submit the order to the vendor. If you have not received your order and it's been longer than 2 weeks, reach out to us at pto@hawest.net include your students name, teacher, and grade in the email. Thank you to all our family and friends that participated in our Pizza 9 Family Night. All proceeds earned will go directly to next PTO sponsored event.

Follow us on our social media pages for the most up-to-date PTO information and for event announcements.

Don't forget to add the Dollar Denim Days to your calendars.

Dollar Denim Days:

Aug. 17 th	Nov. 9 th	Feb. 22 nd
Aug. 31 st	Nov. 30 th	Mar. 7 th
Sept. 14 th	Dec. 14 th	Apr. 4 th
Sept. 28 th	Jan. 11 th	Apr. 18 th
Oct. 12 th	Jan. 25 th	May 2 nd
Oct. 26 th	Feb. 8 th	May 16 th

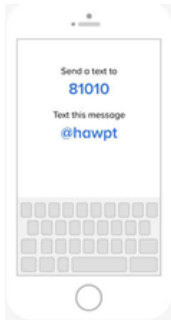
We still have plenty of Spirit Shirts and Hoodies in stock. Order through our links on Instagram, Facebook or download the newsletter to click on the links.



<https://checkout.square.site/merchant/MLNAZ68XGG08E/checkout/BE4MIPJXBD2CRKXDFPMCYZIZ>

<https://checkout.square.site/merchant/MLNAZ68XGG08E/checkout/AYJPPOB25R2CTLMSTVCVS34Q>

<https://square.link/u/EIFwT7gP>



@HAW.PTO

COMMUNITY EVENTS

free dental care

Comfort Dental Care Day is when our offices work to fulfill a promise—to give everyone access to quality dental care they deserve. On December 23, all our locations will offer FREE dental care to those needing care in their community from 7:30 a.m. to 12:00 noon.

about care day

Since 1984, Comfort Dental has offered free dental care to community members on the eve of Christmas Eve. Care Day began as a way to give those without access to dental care a chance to love their smile again. On Care Day, all services are free to anyone, with all patients served on a first-come-first-served basis. Services include anything from simple cleanings to extractions, with more serious problems evaluated on a case-by-case basis. Over 300 Comfort Dental dentists and 1,300 team members will donate their time this Care Day.

In 2021, our offices saw over 4,000 patients nationwide, donating over \$1.4 million in dental services.

Since its beginning in 1984, Care Day has provided over \$22.8 million in dental services for free.

President and Founder of Comfort Dental Dr. Rick Kushner says, "We provide free dental care to help people. If someone has a bad tooth, hopefully we can make them feel better. For some people, including kids, Care Day might be the only time they see a dentist all year. We're dentists, so we give away dental services for the holidays."

BOOKS ON THE BOSQUE		EVENT CALENDAR		DECEMBER 2023			
SUN	MON	TUE	WED	THU	FRI	SAT	
BLIND DATE WITH A BOOK/ JOLABOKAFLOD (CHRISTMAS BOOK FLOOD) ALL MONTH LONG!							
3 Holiday Bookmark Craft Day Barbara Scott 1pm	4	5	6 Shut Up & Write 5:30pm	7	8	9 Christmas Jazz 11am Sarena Ulibarri Steel Tree 2pm	
10 AUTHOR EVENT Sue Boggio & Mare Pearl Hungry Shoes 2pm	11	12 BOOK CLUBS It's A Hardback Life Book Club 11am & 5:30pm The Wishing Game Shut Up & Write 5:30pm	13 It's A Hardback Life Book Club 11am & 5:30pm The Wishing Game Shut Up & Write 5:30pm	14 Rated R for Reading Book Club 5:30pm The Christmas Wager	15 Grim Readers Book Club 5:30pm Never Whistle At Night	16 AUTHOR EVENT Vaunda Micheaux Nelson 12pm-2pm	
17 Closing at 2pm	18 HARRY POTTER TRIVIA NIGHT 6PM	19 JOIN US @ SHEEHAN WINERY FOR BOOK & WINE PAIRING 2-5PM	20 Shut Up & Write 5:30pm	21 Shut Up & Write 5:30pm	22 Hot Cocoa Bar Tree Hot Cocoa & Xmas Poetry with Hakin Bellamy 5:30pm	23 Joined By Author! Outer-World Explorers Book Club 3pm The Scourge Between Stars	
24 Closing at 2pm	25 CLOSED	26	27 Shut Up & Write 5:30pm	28	29	30 ABQ Moms Book Club 9am One Day In December	