

October 5, 2022



News On The Horizon

From the desk of our Executive Director, Mrs. Cantrell

Dear HAW Community,

What a rainy day today. Of course, it is Balloon Fiesta time. I told the kiddos that we definitely needed to spread some sunshine in the building today. It was a short week, but a great week at HAW.

Do you shop Amazon? Did you know that you can select Parent Teacher Organization Horizon Academy West in order to earn money for our school? Create an account or Sign into smile.amazon.com on your desktop or mobile phone. From your desktop go to Your Account and select our school. Be sure to select Parent Teacher Organization Horizon Academy West. Thank you for your support!

I know I sound like a broken record, but we are always looking for a few great substitute teachers. We use ACES as our service. Once you are certified through ACES, you receive notifications of jobs posted daily. If you are interested, please reach out to ACES at substitutes@nmaces.org. There is more information listed on their Website nmaces.org as well. Thank you for your consideration.

Just a reminder that tomorrow is a professional development day for teachers and staff (no school for students) and Monday is a day off as we honor Indigenous Peoples' Day. Enjoy the Fall Break with your family. Our calendar is posted on our Website for reference throughout the year.

We appreciate your patience and attention to safety at arrival and dismissal. Patience is always the name of the game. A huge shout-out to our teachers and staff who keep everyone safe and who work hard to ensure a smooth and efficient process. We added some traffic cones to the back lot to help with definitive lanes. Our team is currently reviewing our processes and procedures. If it is necessary to make any changes, those will be communicated in our upcoming newsletters.

Thank you for your continued partnership and sharing your child(ren) with us each day. Let me know what I can do for you.

Sincerely,

Mrs. Cantrell

GENERAL INFORMATION AND REMINDERS:

- Dollar Demin Days- 10/13, 10/27, 11/10, 12/1, 12/15, 1/5, 1/19, 2/2, 2/16, 3/2, 4/13, 4/27, 5/11. More information below.
- T-Shirt Tuesday for this semester are 8/30, 9/13, 10/18, 11/15 and 12/20. More information below
- Let Ms. Andrea know if you need any resources related to financial hardship, housing, or employment, etc. at agallegos@hawest.net
- October lunch menu is on our website, under 'Resources'. Due to supply chain delays, menu items may be occasionally substituted.
- Thank you for using the crosswalks in the front during arrival and dismissal. Please continue to walk your child to the blue doors when dropping them off. This is for the safety of our students, families, and staff.
- During dismissal the back gate opens at 3:00 and closes at 3:45. Please plan accordingly. Your patience and respect is appreciated to ensure everyone is safe while students are dismissed from school. You will see added cones in the back to help with this process.
- Please encourage your child to check the lost and found for any missing items. It is located in our cafeteria. We plan on donating unclaimed items to Joy Junction.
- Save the Date: Science Night- Thursday, October 13, 2022 6:00-7:30. See flyer below.
- **NO SCHOOL THURSDAY 10/6 AND MONDAY 10/10.**

BEAR BUCKS AND THE SCHOOL STORE

UPDATE: Today students heard about this program during morning announcements and more information was provided while they ate lunch. On Monday each student will receive an envelope to keep their BEAR BUCKS safely in their backpack. It is the student's responsibility to keep track of the BEAR BUCKS they earn. Starting next week, staff will start giving BEAR BUCKS to students who demonstrate kind, prosocial behavior. Again, this is related to our BEARS PLEDGE and is a way for individual students to be accountable for their behavior and be recognized. Students may receive a BEAR BUCK from a duty teacher, a pullout teacher, office staff, as well as any teacher. It is not restricted to their classroom. Our hope is that our BEARS PLEDGE qualities are generalized across the various school settings. We are organizing the store items, working on advertising, and plan on having NOVEMBER 1st as the opening day for the school store. More information will be shared as we get closer to November 1st.

Please contact Mrs. Andrea or Ms. Hodges if you have any questions. Thank you!

HORIZON ACADEMY WEST BEARS PLEDGE

HAW B.E.A.R.S.

Be brave in everything you do

Eager to learn

Achieve your best

Respect yourself, others, and your environment

Show kindness to all

ATTENDANCE INFORMATION

Parents/Guardians,

We appreciate your dedication to ensuring that your child(ren) attend school daily and arrive on time, ready to learn.

As you reviewed in the Parent-Student Handbook, the Attendance for Success Act provides information about attendance. Please note that absences are excused when notification is provided to our office for student illness, limited family emergencies, family deaths, medical, health or legal appointments, suspensions, religious holidays, Native American cultural events as stated by the Pueblo Governors, deployment of a military parent, limited extenuating circumstances as approved in advance by the Director (or designee). Unexcused absences occur when the school is not notified and/or related to non-school sponsored activities or trips, family vacations outside of the normally scheduled school breaks, nonapproved cultural days.

As our attendance team monitors attendance, we will contact families to address any patterns, barriers, and work towards prevention and intervention plans as needed. In extreme situations when student attendance doesn't improve families may be referred to state agencies for more resources.

Please feel free to call or email me at agallegos@hawest.net for any attendance questions or concerns. I truly believe we can work together to provide the BEST education for your child(ren).

When your student is going to be absent from school please do the following:

1. Let the teacher know via class communication app (classtag, remind, class dojo etc)
2. Call the office at 998-0459 and leave a message on the attendance line.

Include:

1. Parent name
 2. Student name and grade
 3. Reason for absence
3. If email is preferred, email agallegos@hawest.net

Include

1. Attendance in the subject line
2. Student name and grade
3. Reason for absence

Thank you for your partnership and support.

Andrea Gallegos

Dean of Students.

ATTENDANCE UPDATE-TARDY NOTICE

Starting Tuesday, October 11th, the cafeteria door and back gate will close at 7:50am. Students who arrive after that time will need to be brought to the office and signed-in by an adult. They will be marked as tardy in our database. Our instructional day starts at 7:45 with breakfast. When students arrive late, they miss important components of starting their day. If you and your child arrive during announcements you will be asked to wait until they are done to sign-in. Please note that arrival time is from 7:35-7:50am. Students can be walked to the front cafeteria door or dropped off in the back using the two driving lanes.

Thank you.

Hello HAW families,

In order to continue our partnership in your child's education and prioritizing the importance of students attending school with minimal absences, I will be sharing information about attendance periodically throughout the year. I hope you find it beneficial!

Thank you,

Mrs. Andrea Gallegos



Help Your Child Succeed in School: Build the Habit of Good Attendance Early

DID YOU KNOW?

- Starting in preschool and kindergarten, too many absences can cause children to fall behind in school.
- Missing 10%, or about 2 days each month over the course of a school year, can make it harder to learn to read.
- Students can still fall behind if they miss just 1 or 2 days every few weeks.
- Being late to school may lead to poor attendance.
- Absences and tardiness can affect the whole classroom if the teacher has to slow down learning to help children catch up.

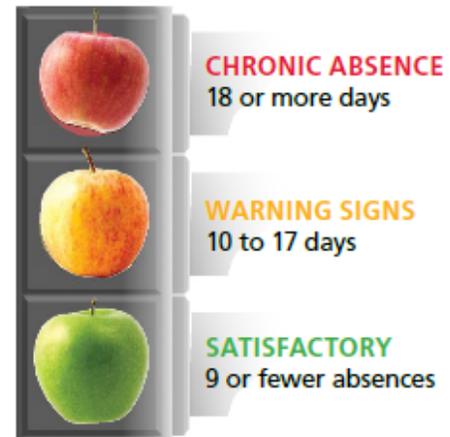
Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Eventually good attendance will be a skill that will help them succeed in high school and college.

WHAT YOU CAN DO

- Set a regular bedtime and morning routine.
- Lay out clothes and pack backpacks the night before.
- Keep your child healthy and make sure your child has the required shots.
- Introduce your children to their teachers and classmates before school starts.
- Develop backup plans for getting to school if something comes up. Call on a family member, a neighbor or another parent.
- Try to schedule non-Covid-19 related medical appointments and extended trips when school isn't in session.
- If your child seems anxious about going to school, talk to teachers, school counselors and other parents for advice on how to make your child feel comfortable and excited about learning.
- If you are concerned that your child may have Covid-19, call your school for advice.
- If your child must stay home due to illness or quarantine, ask the teacher for resources and ideas to continue learning at home.

Revised October 2021

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

Visit Attendance Works at www.attendanceworks.org for free downloadable resources and tools!

HAW BEARS IN THE COMMUNITY

We love sharing the great things our students are doing in the community. It is especially nice when we can relate it to our BEARS PLEDGE. If you would like to share information about your child in our newsletter, email information and photo to agallegos@hawest.net

STAFF SPOTLIGHT

We would like to share information about our wonderful teachers and staff. This week the spotlight is on our First Grade Team. From left to right: Ms. Viloría, Ms. Lacey, Mrs. Perea, and Mrs. Cordova.



In Math, First Grade is working hard on addition and subtraction concepts.

In English Language Arts, First Grade is working on digraphs and blends in phonics. Students are reading lots of interesting facts about fall. In writing, the focus is on using capital letters at the beginning of our sentences and ending them with appropriate punctuation.

WE APPRECIATE OUR FIRST GRADE TEAM FOR ALL THEY DO FOR OUR STUDENTS!

PTO @ HAW presents
2022 Harvest Fest

Thursday, October 27st 6:00-8:30pm

Join us for an evening of family fun to help raise money for our school,
All activities will be held outside so please dress accordingly!
(Please note doors will not be open any earlier than 6pm).

We have a great line up of food trucks that will be on site for you and
your families to enjoy!

Costume Contest will begin at 7pm near the DJ, Prizes will be awarded to
Pre-k & Under, Kinder-1st, 2nd-3rd, and 4th-5th for Scariest, Most Creative,
and Best Overall. BONUS: "BEST OVERALL" for the parents, yes that means YOU!



Games: 2-4 tickets

 Advanced purchase ticket prices
\$20 (45 tickets) \$10 (22 tickets)

 Ticket Prices at the door
\$20 (40 tickets) \$10 (20 tickets)

Advanced purchase tickets will be sold on the designated days below, order
forms will not be sent home. There will be a table set up near the front doors
from 2:45-3:25.

10/4, 10/5, 10/12, 10/13, 10/17, 10/19, 10/24

*You are responsible for the tickets once you have them in your possession, we will not
be replacing tickets if they are lost or forgotten.*

No refunds will be given for unused tickets or if you are unable to attend.

If you need financial assistance please email agallegos@harest.net

COMMUNITY PARTNERS

★ Pastor Gabriel Valenzuela at Community Bible Baptist Church (3030 Todos Santos-across from the school) has graciously reached out to us and has offered the parking lot of church for us to use during drop off, dismissal, and events. The only day we are unable to use the parking lot is Wednesdays. As we build this relationship with Pastor Gabriel, please be respectful of his facility and property. We look forward to seeing him around our school events. See information below about an upcoming event at Community Bible Baptist Church.



★ We are in a great partnership with Halo Technologies and Security, LLC. They are currently working on updating our security system. We appreciate their customer service and their dedication to safety!



ILLUMINATING INTERVENTION

Is your child getting enough sleep to do well in school? Here are some sleep guides that might help you answer that question.

- Preschoolers (3 to 5 years old): 10 to 13 hours, with naps.
- Elementary school-aged (6 to 12 years old): 9 to 12 hours.

Sleep is essential for your child's growth and development. When children are rested, they are more likely to stay focused, store memories, think sequentially, and maintain positive social relationships, all of which are important for success at school. The best way you can help your kids get enough sleep for school is by establishing healthy and consistent sleep routines every night that will lead to quality sleep. You can help your student get the sleep they need by establishing healthy sleep habits. Here are a few sleep routine ideas:

- **Establish a firm bedtime every night.** Be consistent.
- **Provide opportunities to unwind.** A puzzle, board game, or good book can help them to relax.
- **Avoid screen time and caffeine before bed.** Turning off electronics at least one hour before bedtime will minimize the chances of disrupted sleep. Also, caffeine is a stimulant that can prevent kids from falling and staying asleep.
- **Create a comfortable sleeping environment.** Reserve the bed for only sleeping, keep the room at a comfortable temperature and dark.

Once you've established a bedtime ritual, stick to it every night. When bedtime routines are predictable, kids are more likely to cooperate because they know what's coming next. Healthy sleep routines can encourage them to fall asleep earlier and stay asleep longer.

A good night of sleep ensures the proper brain function necessary for concentrating in the classroom, regulating emotions, and sustaining energy for the day. When your child is well-rested, they will have an easier (and more enjoyable) time learning. *As a bonus, if your school-aged kid is getting enough sleep, you might sleep better, too!* 😊

Together we can build the future!

Mae Heermann
HAW Reading/Math Interventionist K-2

CHROMEBOOKS

We are working on updating all Chromebooks. We started issuing Chromebooks to students and will continue to do so as they are ready. Students in grades K-5th are to keep and use them at home for the remainder of the school year. We hope to get this completed by the end of October. If you are in need of a Chromebook now to complete school assignments at home or if you have any questions about using the Chromebook at home, please email Ms. Jamie at jmontano@hawest.net.

INFORMATION FROM MRS. SERNA ABOUT STUDENT COUNCIL

Hello Families,

Our school is a BoxTop\$ school. Please download the app, pick our school, and scan your receipts.



Student Council starts in October. Grades 3rd-5th are voting for their class representative and alternate. Once Student Council starts in Oct., we are going to offer a free scanning service for BoxTop\$ to boost participation. We will give each class a baggie and kids can bring their receipts and we'll scan them!

T-SHIRT TUESDAY

T-shirt Tuesday takes place once a month. Students may wear any school appropriate T-Shirt with their uniform bottoms for a donation of \$1.00. T-Shirt Tuesday is separate from dollar denim days and the funds are collected from our Sunshine Committee and not PTO. There is not a pre-pay option for T-shirt Tuesday so please send in \$1.00 with your child each time they participate in a T-Shirt Tuesday. This is optional and the funds go to our Sunshine Committee which benefits events, special occasions, and school needs for our staff. If your child would like to participate in a T-shirt Tuesday but you are in need of financial assistance, please contact Andrea Gallegos at agallegos@hawest.net or 998-0459 ext 107.

Dates for T-Shirt Tuesday for this semester are 8/30, 9/13, 10/18, 11/15 and 12/20.

Thank you,

Sunshine Committee

THANK YOU!

The Kindergarteners are taking their monthly Istation test in the classroom thanks to a donation of mice from Ian King, of the King Law Firm. Mr. King donated 30 mice to Mrs. Breezee's class, so that the class can utilize their Chromebooks.

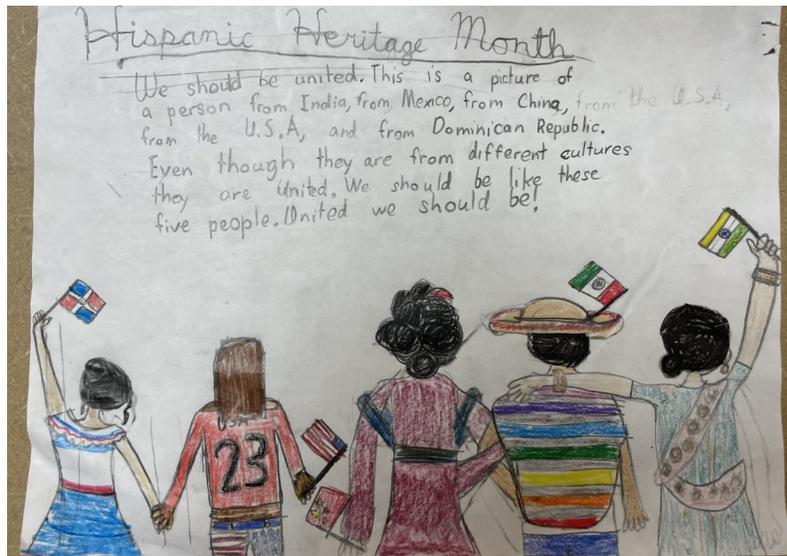


UPDATE FROM MRS. SERNA

The Gifted Class participated in The Hispanic Heritage Month Art Contest. Students are picking a famous Hispanic person to research, and designing a brochure of a Hispanic Country.



We are so proud to announce that one of our 5th graders, Camille, won 2nd place for the state-wide Hispanic Heritage Youth Art Contest sponsored by Sandia National Laboratories, Kirtland Air Force Base, NNSA Sandia Site Office, and NNSA ABQ Complex !



PICTURE RE-TAKES

Lifetouch will be at our school on Thursday, October 27, 2022 to do re-takes or if your child was absent or is new to our school. If you have any questions about the pictures you received or re-takes please contact Lifetouch.

Lifetouch.

For Parent Customer Service Please Call:
Linea de Servicio al Cliente:

1-866-955-8342

Thank you for the privilege of serving you
100% Customer Satisfaction is Our Goal!

Gracias por el privilegio de servirle
100% Satisfaccion al Cliente es nuestra meta.

iexplora!



Sandia National Laboratories



Please Join Us for Sandia Family Science by Explora

Thursday, October 13, 2022

6:00 PM - 7:30 PM

In the School Cafeteria

**Students... bring your family and work together on
fun hands-on science experiments!**



¡explora!



Sandia National Laboratories



Acompáñenos a Ciencia en Familia con Explora

martes, 13 de octubre de 2022

6:00 PM - 7:30 PM

en la cafetería de la escuela

**¡Estudiantes... traigan a sus familia
para trabajar y divertirse juntos con juegos de
ciencia!**



FREE FLU SHOTS

2022-2023 FLU SEASON CLINICS



DELIVERING MORE

PUBLIC FLU SHOT CLINICS

Anyone 6 months or older can get the regular flu vaccine. The flu vaccine designed specifically for people 65 years and older is not available at these clinics. See details below.

Below are dates and locations of primary care **drive-through** , and **walk-up/walk-in**  flu shot clinics. Please share this information with your family, friends and community members.

DATE/TIME	AGE	CLINIC TYPE	CLINIC	ADDRESS
Wed., 9/28 10AM - 2PM	6 mo.+		 Fiesta de Flu	Domenici Bldg. (outside), 1001 Stanford Dr. NE, Albuquerque, NM 87131
Sat., 10/1 9AM - 2PM	6 mo.+		Westside Family Practice Clinic at Cibola High School	1510 Ellison Dr. NW, Albuquerque, NM 87114
Tues., 10/4 5PM - 7PM	6 mo.+		Atrisco Heritage Family Practice Clinic at Atrisco Heritage High School	10800 Dennis Chavez Blvd, Albuquerque, NM 87121
Wed., 10/5 10AM - 2PM	18 yrs+		 UNM Student Health and Counseling (SHAC)	300 Cornell Dr. SE, Bldg. 73 (Plaza level), Albuquerque, NM, 87131
Thur., 10/6 10AM - 2PM	18 yrs+		 UNM Student Health and Counseling (SHAC)	300 Cornell Dr. SE, Bldg. 73 (Plaza Level) Albuquerque, NM, 87131
Sat., 10/8 9AM - 2PM	6 mo.+		Family Medicine Clinic at Central New Mexico Community College (CNM) Brasher Hall	717 University Blvd. SE, Albuquerque, NM 87106
Sat., 10/15 9AM - 2PM	6 mo.+		Southwest Mesa Family Practice Clinic at West Mesa High School	6701 Fortuna Rd. NW, Albuquerque, NM 87121
Sat., 10/15 9AM - 2PM	9 yrs +		UNM Sandoval Regional Medical Center	3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144
Sat., 10/15 8:30 - 12:30PM	6 mo.+		UNMH Young Children's Health Center	306 San Pablo St. SE #A, Albuquerque, NM 87108
Wed., 10/19 5PM - 7PM	6 mo.+		Atrisco Heritage Family Practice Clinic at Atrisco Heritage High School	10800 Dennis Chavez Blvd., Albuquerque, NM 87121
Sat., 10/22 9AM - 2PM	6 mo.+		1209 Family Practice Clinic at UNM Dental Clinic	1801 Camino de Salud NE, Albuquerque NM, 87102
Sat., 10/29 8:30AM - 12PM	6 mo.+		Carrie Tingley Hospital/Pediatric Urgent Care/Eubank Pediatric Clinic	1127 University Blvd. NE, Albuquerque, NM 87102
Sat., 10/29 9AM - 2PM	6 mo.+		Northeast Heights Family Practice Clinic at Del Norte High School	5323 Montgomery Blvd. NE, Albuquerque, NM 87110
Sat., 11/5 9AM - 2PM	6 mo.+		UNM Health Family Health Grande Clinic	1790 Grande Blvd. SE, Rio Rancho, NM 87124
Sat., 11/5 9AM - 2PM	6 mo.+		Southeast Heights Family Practice Clinic at Van Buren Middle School	700 Louisiana Blvd. SE, Albuquerque, NM 87108

 UNM clinics are for students, faculty, staff and family

VACUNAS GRATUITAS CONTRA LA INFLUENZA



CLÍNICAS PARA LA TEMPORADA
DE INFLUENZA 2022-2023

DELIVERING MORE

CLÍNICAS PÚBLICAS PARA LA VACUNACIÓN CONTRA LA INFLUENZA

Todas las personas de 6 meses de edad en adelante puede recibir la vacuna regular contra la influenza. La vacuna contra la influenza que está diseñada específicamente para las personas de 65 años en adelante todavía no está disponible en estas clínicas. Consulte los detalles a continuación.

A continuación, se encuentran las fechas y las ubicaciones de las clínicas de atención primaria para la vacunación contra la influenza por **autoservicio** , y sin **cita previa** . Por favor, comparta esta información con su familia, amigos y miembros de la comunidad.

FECHA / HORARIO	EDAD	TIPO DE CLÍNICA	CLÍNICA	UBICACIÓN
Miércoles 28/9/22 10AM a 2PM	6 meses+		 Fiesta de Flu	Domenici Bldg. (afuera del edificio), 1001 Stanford Dr. NE, Albuquerque, NM 87131
Sábado 1/10/22 9AM a 2PM	6 meses+		Westside Family Practice Clinic at Cibola High School (Clínica de medicina familiar Westside en la preparatoria Cibola)	1510 Ellison Dr. NW, Albuquerque, NM 87114
Martes 4/10/22 5PM a 7PM	6 meses+		Atrisco Heritage Family Practice Clinic at Atrisco Heritage High School (Clínica de medicina familiar Atrisco Heritage en la preparatoria Atrisco Heritage)	10800 Dennis Chavez Blvd, Albuquerque, NM 87121
Miércoles 5/10/22 10AM a 2PM	18 años+		 UNM Student Health and Counseling (SHAC) (Clínica de salud y consejería para los estudiantes)	300 Cornell Dr. SE, Bldg. 73 (a nivel de la plaza), Albuquerque, NM, 87131
Jueves 6/10/22 10AM a 2PM	18 años+		 UNM Student Health and Counseling (SHAC) (Clínica de salud y consejería para los estudiantes)	300 Cornell Dr. SE, Bldg. 73 (a nivel de la plaza), Albuquerque, NM, 87131
Sábado 8/10/22 9AM a 2PM	6 meses+		Family Medicine Clinic at Central New Mexico Community College (CNM) Brasher Hall (Clínica de medicina familiar en Brasher Hall del Colegio comunitario del centro de Nuevo México)	717 University Blvd. SE, Albuquerque, NM 87106

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Las clínicas de UNM son para estudiantes, profesores, personal y sus familiares