

BREAKFAST

LUNCH

# SEPTEMBER 2021

## HORIZON ACADEMY WEST



Your cafeteria is managed by  
Canteen of Central New Mexico

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast is served with fresh fruit daily. All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily.

**DUE TO COVID-19: YOUR SCHOOL MAY NOT HAVE A SALAD BAR**

**6**  
**LABOR DAY**

**7**  
**CHOCOLATE MUFFIN**  
*CHICKEN NUGGETS*  
BAKED BEANS/CARROTS  
PEARS  
DINNER ROLL

**8**  
**COCOA PUFF CEREAL**  
STRING CHEESE  
*TURKEY CORN DOG*  
MIXED VEGETABLES  
WATERMELON

**9**  
**APPLE FRUDELS**  
*TERIAKI CHICKEN WITH RICE*  
BROCCOLI  
PINEAPPLE  
FORTUNE COOKIE

**10**

**13**  
**BREAKFAST BOSCO STICK**  
*POPCORN CHICKEN*  
BROCCOLI & CARROT STICKS  
MANDARIN ORANGES  
DINNER ROLL

**14**  
**CINNI MINIS**  
*CHICKEN TAQUITOS*  
PINEAPPLE  
PINTO BEANS  
GOLDFISH CRACKERS

**15**  
**BREAKFAST BURRITO**  
*CHICKEN PATTIE ON A BUN*  
FRENCH FRIES  
APRICOTS

**16**  
**ZUCCHINI BREAD**  
*PIZZA*  
TUSCAN BLEND VEGETABLES  
CANTALOPE  
GARLIC BREAD

**17**

**20**  
**BLUBERY MUFFIN**  
*CHEESE QUESADILLA*  
PINTO BEANS  
SPANICH RICE  
PEACHES

**21**  
**COLD CEREAL**  
YOGURT  
*LASAGNA*  
CARROTS & GREEN BEANS  
CINNAMON APPLE SLICES  
BREAD STICKS

**22**  
**PANCAKE EGGO BITES**  
*HOAGIE SANDWICH*  
BAKED BEANS  
PEARS  
CHOCOLATE CHIP COOKIE

**23**  
**BAGEL-FULS**  
*FRENCH TOAST STICKS*  
SAUSAGE  
HASHBROWNS  
FRESH FRUIT

**24**

**27**  
**YOGURT / NUTRIGRAIN BAR**  
*MEATLOAF*  
WHIPPED POTATOES  
APPLESAUCE  
BROWN GRAVY  
DINNER ROLL

**28**  
**WAFFLE EGGO BITES**  
BLUEBERRY  
*BEEF TAQUITOS*  
PINTO BEANS  
PEACHES

**29**  
**LUCKY CHARM CEREAL**  
STRING CHEESE  
*BEEF RAVIOLI*  
CARROTS & BROCCOLI  
MIXED FRUIT  
BREAD STICK

**30**  
**CINNI MINIS**  
*FRITO PIE*  
MIXED VEGETABLES  
PEARS  
TORTILLA



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